

Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

| Goal As defined by your LSWP | Was the Goal Met? Yes/ Partially/ No | What Was Achieved? Describe how you achieved this goal | Documentation Share documents (as links or attachments) used to measure LSWP implementation |
|---|--|--|--|
| <p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p> | | | |
| <p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</p> | Yes | <p>We use My Plate in health class discussions and also talk about healthy snack options to bring to school.</p> | <p>See Handbook and wellness policy Please also see the Google folder for the attached class schedules that show when Health class is taught.</p> |
| <p>2. Physical Activity Goal(s)- record goal</p> | Yes | <p>Students will spend 50% of physical ed class in moderate to vigorous physical activity</p> | <p>PE lesson plans show that teachers have activities planned during PE time that give students this kind of exercise.</p> <p>See Google folder for attached class schedule.</p> |
| <p>3. Other student wellness Goal(s)- record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i></p> | Yes | <p>We provide access to water throughout the day with water fountains and water bottles from home so they have access to water. Students are also allotted enough time to get through the line and eat a meal.</p> | <p>See wellness plan</p> |

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|--|---|--|---|
| Additional Goal(s) <i>Add more rows as needed</i> | | | |

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jessie.coffey@nebraska.gov